

## Mueller Fellowship Experience

Sites: University College London Hospital with Mr. Johan Witt

Dates: August 1<sup>st</sup> until October 31<sup>st</sup>, 2017

I spent the first three months with Mr. Johan Witt in London. I was able to spend time with him in clinic at least once weekly and assist him 2 to 3 times a week in the OR. He has a very busy hip practice and the PAO experience was incredible. I was able to scrub 17 PAOs with him in 8 weeks. He performs a very contemporary PAO with a MIS approach and rectus sparing. Apart from the PAOs I was able to first assist him in a total of 66 cases that would include hip arthroscopy, direct anterior approach THA without a special table and complex primary and revision THAs.

He was a wonderful host and learned a lot from him. Clinic time was invaluable as I was able to pick his brain during that time. It is not a straight forward decision when to perform hip preserving surgery in young patient (Acetabular side, femoral version, arthroscopically and/or open etc.) I also worked on 2 great projects with him and we are currently finishing the data analysis

Sites: Schulthess Clinic, Zurich, Prof. Dr. Leunig

Dates: November 1<sup>st</sup>, 2017 until January 30<sup>st</sup>, 2018

Prof. Dr. Leunig was my host for the time being in Zuerich. First, it was wonderful to spend Christmas time in Switzerland. Secondly, the surgical experience was incredible. Here I really learned how to perform a direct anterior THA efficiently under an hour. The operating room setup was one of a kind and something I haven't seen in the US. There would be separate rooms for patient anesthesia induction and once the patient was anesthetized, the OR team would roll the patient into the operating room on the appropriate OR table in the appropriate position (i.e., lateral decubitus etc.)!

Prof. Ganz performed 3 PAOs and I was able to join him for those cases. I spent the first month mostly with Prof. Leunig but starting 2<sup>nd</sup> month I was able to venture out and spend time with the knee surgeons, as well. The open hip experience in Zuerich was unparalleled. I was able to assist in numerous surgical hip dislocations (i.e. for big CAM lesions) and PAOs.

Bottomline, I am very thankful I was able to travel to those two centers and learn hip surgery from some of the finest hip surgeons in the world. After the Mueller experience, I became more confident in my skills and just last week I scheduled the first PAO in a 16 year old with hip dysplasia. I am grateful that I can offer these skills to the people in Connecticut. I would like to thank the board for this once in a lifetime experience.

Thank you.

Sincerely,

Diren Arsoy