

## **Paul Kuzyk MEMF NA Fellowship Report**

My European Hip Reconstruction fellowship sponsored by the M. E. Müller Foundation of North America was a fantastic experience. I spent the majority of my time working with Prof. Klaus Siebenrock at the Inselspital in Bern, Switzerland. I had the opportunity to observe and assist with complex hip cases including Bernese periacetabular osteotomies, surgical hip dislocations, acetabular fracture fixation, revision hip arthroplasty and tumor surgery. There was also some minimally invasive hip surgery, including primary hip replacement through an anterior approach and hip arthroscopy for impingement and labral pathology. The orthopaedic faculty is very innovative and active in research and I was able to collaborate on several research projects.

The Inselspital is a world-renowned hospital and I met other fellows from all over Europe and North America. I made friends that I will continue to keep in contact with both on a professional and personal level.

I visited Prof. Martin Beck at the Kantonsspital in Luzern, Switzerland. The drive from Bern to Luzern through the Alps is absolutely breathtaking and well worth the trip in its own right. Martin Beck was very welcoming and I observed an intertrochanteric osteotomy for avascular necrosis among other interesting hip surgeries.

My wife accompanied me to Europe and we both enjoyed living in a 300 year old apartment (recently renovated) as well as hiking in the Bernese Alps. We took advantage of the opportunity to travel to Italy, France, Germany and Austria. I highly recommend this fellowship.