

## Michael Kain Fellowship Report

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Recap:

I started my fellowship in Zurich and spent a little over two months with Dr. Michael Leunig at the Schulthess Klinik. Dr. Leunig is very busy both clinically and academically and was an invaluable person to spend time with to learn about femoracetabular impingement. Because he performs both surgical dislocation and arthroscopic approaches, I gained a greater appreciation and insight as to the indications for surgical management of FAI. Additionally, his growing experience with the direct anterior approach for total hip arthroplasty was a wonderful experience and allowed me to get involved with several interesting projects.

After Zurich, I relocated to Bern, where I spent three months with Professor Sibenrock at Inselspital. In Bern, the hip team is busy with hip disorders of all sorts, from trauma to complex revision total arthroplasty and of course hip preservation. It was great to interact with the entire department and see everything from Periacetabular osteotomies to acetabular and pelvic fractures to hip arthroscopy. While in Bern, I was able to attend the international hip arthroscopy meeting and could easily travel to Zurich for interesting cases with Dr. Leunig and Professor Ganz, or travel to Italy for a weekend get away or go to the Swiss Alps for recreation day.

Throughout my time in Switzerland, I also had the tremendous opportunity to work with Professor Ganz. Occasionally, he would visit Zurich for complex cases or I would meet him in various cities such as Vienna, Verona, Milan, Portogruaro, or Turin to assist on some difficult hip preservation cases. Traveling with Professor Ganz, was a unique and wonderful experience and allowed time to get to know an Orthopaedic giant both in and out of the operating room.

After Switzerland and attending the 2009 hip preservation course, I took a little hiatus to spend time with my wife and our new daughter, and then returned to Europe and headed to the Ospedale de San Luigi in Turin, Italy. There I spent time with Professor Alessandro Massé, a hip surgeon who does Orthopaedic trauma as well as hip preservation surgery. Professor Massé and his team were very generous with their time and showed me the city of Turin and a wide variety of Hip Surgery both for trauma and arthritis. This was a great way to end a wonderful experience as a traveling fellow.

I am very grateful for the M.E. Müller Foundation for allowing me to be apart of this unique fellowship. It is truly an experience of a lifetime and one that I will cherish forever.